



RETRAITE QUÉBEC

Québec Pension Plan

Pensions from Foreign Countries



You may be entitled to a pension from a foreign country under an **international social security agreement** signed by the Gouvernement du Québec.

What are international social security agreements?

Such agreements make it possible for Quebecers who have worked in a foreign country to receive a pension from that country. The pensions can include a retirement pension, disability pension or even survivors' benefits for the family of a deceased person. The spouse of a person who has worked in a foreign country may also be entitled to benefits.

Pension amounts

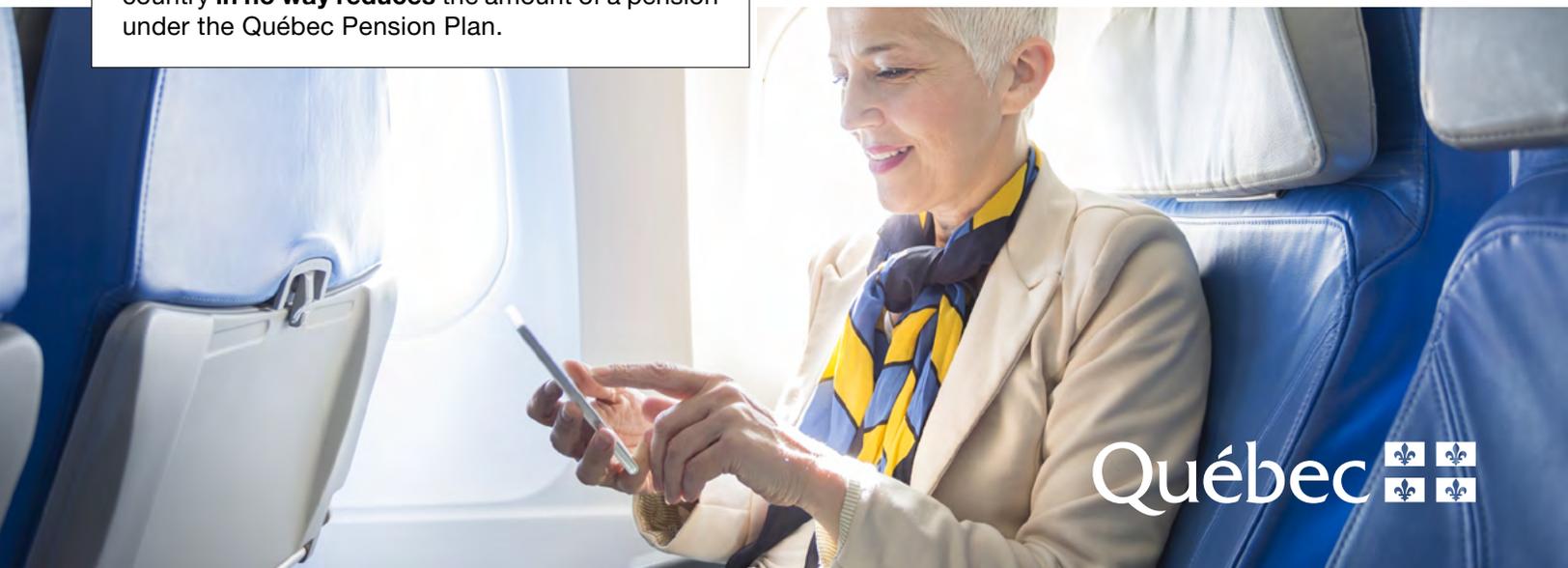
Every agreement is different. The amount to which you could be entitled depends on various factors, such as the contributions you paid to the plan, the type of plan, etc.

Please note that receiving benefits from another country **in no way reduces** the amount of a pension under the Québec Pension Plan.

Who administers the agreements?

Once an agreement has been signed, our Bureau des ententes de sécurité sociale (BESS) is the agency that applies it. The BESS sends the forms and information for beneficiaries to the country in question. The BESS currently administers 37 agreements. If you would like more information, simply contact us.

For information about certificates of coverage and international social security agreements, refer to the leaflet *Certificate of Coverage for Work Abroad* or to our website at www.retraitequebec.gouv.qc.ca.



List of countries that have a social security agreement with Québec

Austria	Cyprus	Germany	Jamaica	Philippines	Slovenia	Uruguay
Barbados	Czech Republic	Greece	Luxembourg	Poland	South Korea	
Belgium	Denmark	Hungary	Malta	Portugal	Sweden	
Brazil	Dominica	India	Morocco	Romania	Switzerland	
Chile	Finland	Ireland	Netherlands	Saint Lucia	Turkey	
Croatia	France	Italy	Norway	Slovakia	United States	

Québec often negotiates **new international social security agreements** that could come into effect after this leaflet is published. For this reason, we recommend that you refer to our website.

For example

David lives in Saint-Georges, in the Beauce region of Québec. He worked in the United States every winter, in the lumber business, for 10 years. During that time, he contributed to the U.S. social security plan. When he retired, he called the Bureau des ententes de sécurité sociale to obtain information from the agent responsible for the Québec-U.S. social security agreement. David filled out the required forms and is now receiving a retirement pension from the United States.

In 1990, **Francine** worked as a nurse in Switzerland for a year. When she died last year, she had been working in Québec for about 12 years. Her spouse, Jack, filed an application for survivors' benefits under the Québec Pension Plan for himself and his daughter. Because of the international social security agreement with Switzerland, Jack and his daughter were eligible for survivors' benefits under both the Québec Pension Plan and the Swiss social security plan.

How to reach us

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